



A MESSAGE FROM ATHLETIC DIRECTOR CHRIS LANDRY

Welcome to Clark Lane Middle School Athletics!

I am very pleased to present the first edition of the CLMS athletics registration and information newsletter. This newsletter contains information on how to register students for CLMS sports, how to make changes to your existing registration in ArbiterSports (formerly FamilyID), coaches names and contact information, handy links for game schedules, information regarding the upcoming sports season at CLMS, as well as other helpful information.

Winter sports registration is now open. Boys and girls swimming and co-ed wrestling are open to all 6th, 7th

and 8th grade students. Basketball is open to 7th and 8th grade boys and girls. I hope that many of you take advantage of our winter sports offerings at CLMS.

Thank you again, for your continued support of the Waterford athletics program and our student-athletes. Creating a positive environment for all student-athletes is an important goal that we can accomplish together.

Sincerely,

Chris Landry, Director of Athletics and Student Activities

WINTER SPORTS REGISTRATION IS NOW OPEN!

Please remember that all students must have proof of a current physical (dated within 13 months) on file in the nurse's office and must register using our online registration program ArbiterSports. Registration for winter sports needs to be completed and approved by the school nurse by November 16th for girls basketball and wrestling, and by November 20th for boys basketball and swimming.

Note that basketball holds tryouts and cuts may be made. Registration can be completed by clicking this link: [ArbiterSports Registration Link](#)



SPORTS PHYSICALS ARE VALID FOR 13 MONTHS

Physicals are valid for 13 months. If the student's physical expires during the season, he/she will not be allowed to practice or play until an updated physical exam form is submitted to the nurse's office. Be sure to check your child's physical date when completing their registration.



CLMS WINTER SPORTS OFFERINGS

SWIMMING (BOYS & GIRLS)

First 2 days of swim practice are Mo/Tue, 11/20 & 11/21 from 3-5pm. Students will take a bus from CLMS to WHS on those days only. Parents will need to provide transportation home. Swim team practice days/times beginning 11/27 are Mo and We from 5-6pm and Saturday 10-11:30am. Parents are responsible for drop off and pick up at WHS.



Registration is open to all 6th, 7th and 8th grade students. Check out the [CLMS Swim Team](#) page for more information.

The CLMS swim team coach is Mr. Andrew Gathy. Contact Coach Gathy at clmsswimcoach@outlook.com with any questions.

GIRLS BASKETBALL

Tryouts take place on Thursday, 11/16 and Friday, 11/17 after school until 4:05pm. Registration is open to all 7th and 8th grade girls.

Practices will be on Mon. & Wed. from 4:10pm-5:30pm and on Tue & Th from 2:45pm-4:05pm. The girls and boys teams will alternate practices on Fridays. Friday practice is from 2:45-4:05pm.

The CLMS girls basketball coach is Mr. Matt Guarraia. Coach Guarraia can be reached at mguarraia@waterfordschools.org with any questions.

BOYS BASKETBALL

Tryouts take place on Monday, 11/20 and Tuesday, 11/21 after school until 4:05pm.

Registration is open to all 7th and 8th grade boys.

Practices will be on Mon & Wed from 2:45pm-4:05pm and on Tu & Th from 4:10pm-5:30pm. The boys and



girls teams will alternate practices on Fridays. Friday practice is from 2:45-4:05pm.

The CLMS boys basketball coach is Mr. Lee Rocha. Coach Rocha can be reached at lrocha@waterfordschools.org with any questions.

WRESTLING (BOYS & GIRLS)

First day of practice is Monday, 11/20.

Registration is open to all 6th, 7th and 8th grade students.

Practices will take place in the CLMS Old Gym on M, TU, TH & FR from 2:45pm-4:45pm and on WED. from 3:45-5:45pm.

CLMS provides the wrestling singlet to all participants. Athletes are required to provide shoes, headgear and mouth guards (mouth guards are required for wrestlers with braces. They are optional for wrestlers without braces.)

The CLMS wrestling coach is Mr. Nick Giori. Coach Giori can be reached at ngiori@waterfordschools.org with any questions.



BRING A WATER BOTTLE!

All CLMS student-athletes should bring a water bottle with them every day for practices and games.



ARBITERSPORTS (FAMILYID) REGISTRATION INFORMATION

Clark Lane Middle School sports registration is done conveniently online through ArbiterSports (formerly FamilyID). ArbiterSports is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient and environmentally responsible. When you register through ArbiterSports, the system keeps track of your information in your ArbiterSports profile. You enter your information **ONLY ONCE** for each family member, for multiple uses and multiple programs.

INFORMATION NEEDED TO REGISTER:

It will be helpful to have the following information handy to allow for accurate completion of your online registration:

- Date of last physical exam
- Physical information
- Health insurance information
- Emergency contact information



Please note: Before your student-athlete's registration is approved, there must be a current physical examination form signed by a physician on file with the school nurse. Physicals are valid for 13 months from the date of the physical. If the student's physical expires during the season, he/she will not be allowed to practice or play until a new physical exam form is submitted to the nurse's office. Without an approved registration and current physical examination form on file, the student-athlete will not be eligible to participate.

REGISTRATION PROCESS: (We've included some helpful links on the following page to help with registration/account set-up/FAQ's/etc.)

A parent/guardian can register by clicking this link: [ARBITERSPORTS REGISTRATION](#)

Follow these steps:

- To find your program, click on the above link and select the registration form under the word **Programs**.
- Next, scroll to the bottom of the page. If this is your first time using ArbiterSports, click **Create Account**. Click **Log In** if you already have an ArbiterSports account.
- Create your secure ArbiterSports account by entering the account owner's First and Last name (parent/guardian), e-mail address and password. Select **I Agree** to the ArbiterSports Terms of Service & click **Create Account**.
- You will receive an email with a link to activate your new account. (If you don't see the email, check your email filters (spam, junk, etc.).
- Click on the link in your activation e-mail, which will log you into ArbiterSports.
- Once in the registration form, complete the information requested. All fields with a **red *** are required to have an answer.
- Click the **Continue** button when your form is complete.
- Review your registration summary.
- Click the blue **Submit** button. After selecting **Submit**, the registration will be complete. You will receive a completion e-mail from ArbiterSports confirming your registration.

If you need assistance with your registration, email support@arbittersports.com or call 800-311-4060

IMPORTANT INFORMATION

INFORMATION WHEN REGISTERING IN ARBITERSPORTS

Throughout the season, notifications may be sent out through ArbiterSports. These notifications may include expired/expiring physical notifications, game change information, practice cancellation, etc. The email sent through ArbiterSports will go to the **account owner email address ONLY**. *If you would like to add additional email addresses so that another parent/guardian receives the notification(s), please do the following:*

Choose **Profile** under your user name at the top of the ArbiterSports page. Click on **Personal Information**. Next to **Additional Notification Email(s)**, you can add up to 5 additional emails for anyone who you would like to also receive email notification(s) sent out through ArbiterSports. Click **Save**.

If you need to update a registration after you have registered (upload an updated physical, change an emergency contact, etc), you **DO NOT** need to re-register your student. Click on **Registrations** at the top of the webpage. Look at **Completed Registrations** and choose the registration you wish to update. Click on **Add or Update Info**. You can now edit/update your registration. Make sure you click **Save** at the bottom after you have updated your registration.

If your student-athlete chooses to change from their current sport to a different one (depending on availability), you can also follow the same procedure above to switch sports. You **DO NOT** need to re-register.

If you have outdated physicals attached in ArbiterSports, please delete them when you upload a new physical. This helps make the updating process quicker & easier for athletics staff and the nurse.

Please click the following links for help with registration, FAQ's, and additional support.

[Registering For The First Time](#)

[Registering With an Existing Account](#)

[Program Registration FAQ's](#)

[ArbiterSports Support Page](#)

TRANSPORTATION TO/FROM ATHLETIC EVENTS & TRAVEL RELEASE POLICY

Riding the bus to and from an away game is an opportunity for building team chemistry and bonding. It is the policy of CLMS that all players ride the bus both to and from all away games. However, if the need to request alternative transportation other than the school provided transportation arises, then the [CLMS Travel Release Form](#) is required to be used.

If parents/guardians choose to transport their child to and/or from away contests they must complete the [Travel Release Form](#) and **turn it in to their coach prior to the contest**.



SCHEDULES FOR GAMES

Game schedules and locations/directions can easily be found on the [ArbiterLive.com](#) website. Search for Clark Lane.

Practice schedules will be communicated to students through their coach.



CLMS SCHOOL BASED HEALTH CENTER

CLMS has a School-Based Health Center (SBHC) located on site. The SBHC provides comprehensive physical and behavioral health and well care to students. An APRN (Advanced Practice Registered Nurse) and Behavioral Health Clinicians who are experts in adolescent health and employed by UCFS Healthcare offer services. SBHC services and care will supplement and coordinate with services and care provided by private pediatricians. Services are billed to insurance carriers, and assistance is available for those who are not insured.

SBHC's services include yearly well-child examinations, vaccinations, sports physicals, and acute and chronic care visits. The CLMS SBHC is a convenient way for student-athletes to obtain a physical when they are unable to obtain a physical in a timely manner with their pediatrician. **You must be enrolled in order to use the SBHC services.**

[Link to SBHC Information](#)

[Link to Electronic SBHC Enrollment Form](#)

[Link to .pdf Enrollment Form](#)

WHAT OTHER SPORTS DOES CLMS OFFER?

Clark Lane MS spring sport offerings are volleyball and track & field. Both sports are offered to current 6th, 7th and 8th grade students.

Volleyball registration opens early in February and try-outs begin in early March. Cuts will likely be made due to traditionally high registration numbers.

Track & Field registration opens approximately the second week of March and practice begins mid April. Enrollment is capped at 60 students and priority is given in the following order: 8th graders, 7th graders, followed by 6th graders. The timestamped order of registration is used to make selections.

Fall Sports Registration opens right at the start of the school year and first practice begins mid September. Cross Country is open to all 6th, 7th and 8th grade students and boys & girls soccer is open to all 7th and 8th graders.

An email will be sent home to all CLMS families announcing when registration opens each season.

WATERFORD ATHLETICS

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[CLMS ATHLETICS WEBPAGE](#)

GO LANCERS!

QUICK LINKS

[Clark Lane Athletics Webpage](#)
[Team Game Schedules, Location/Directions](#)
[ArbiterSports Registration Link](#)
[CLMS Travel Release Form](#)

CLMS Nurses:

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